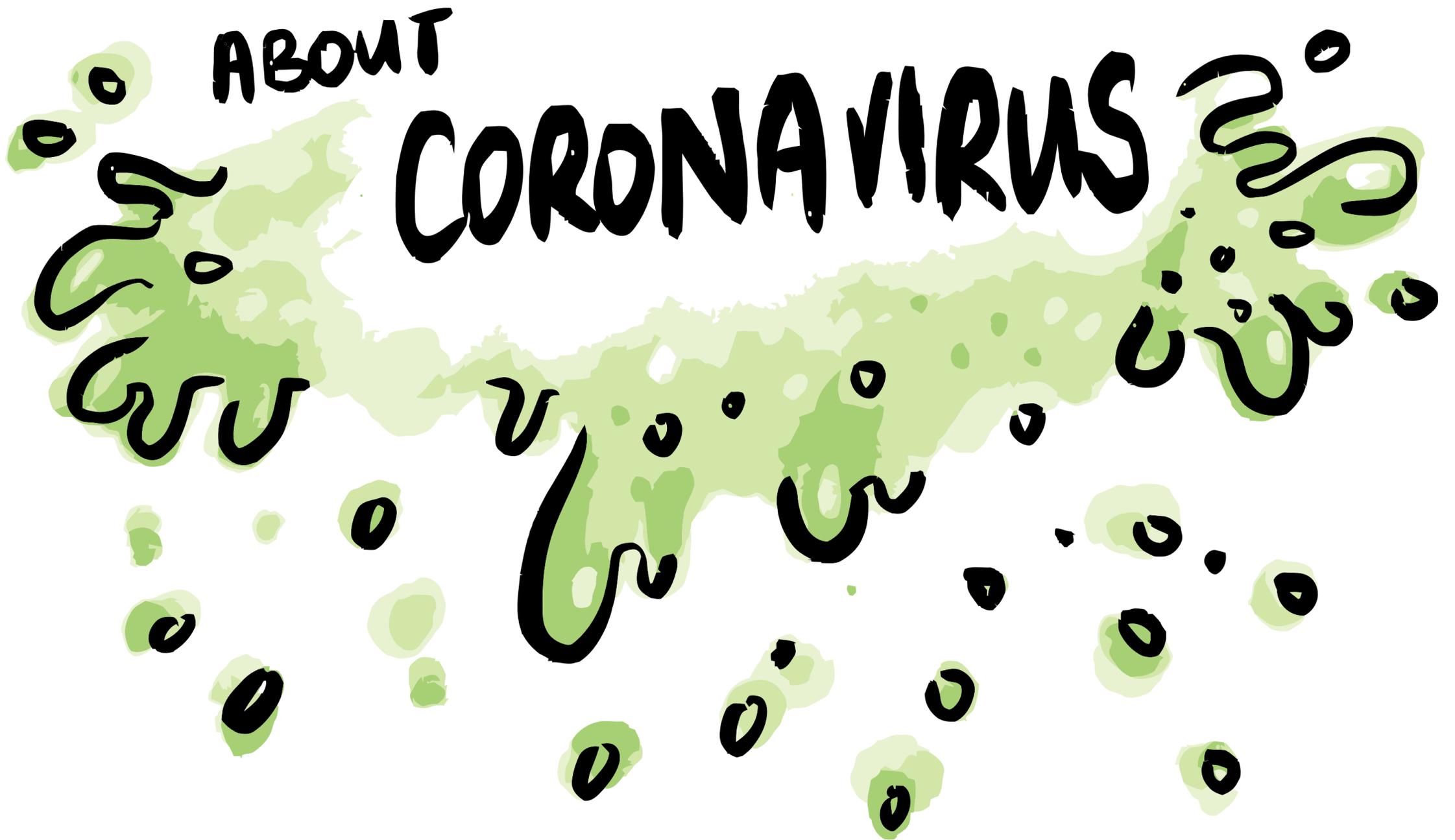


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THERE'S ONLY ONE THING  
YOU NEED TO UNDERSTAND  
ABOUT HOW A CORONAVIRUS

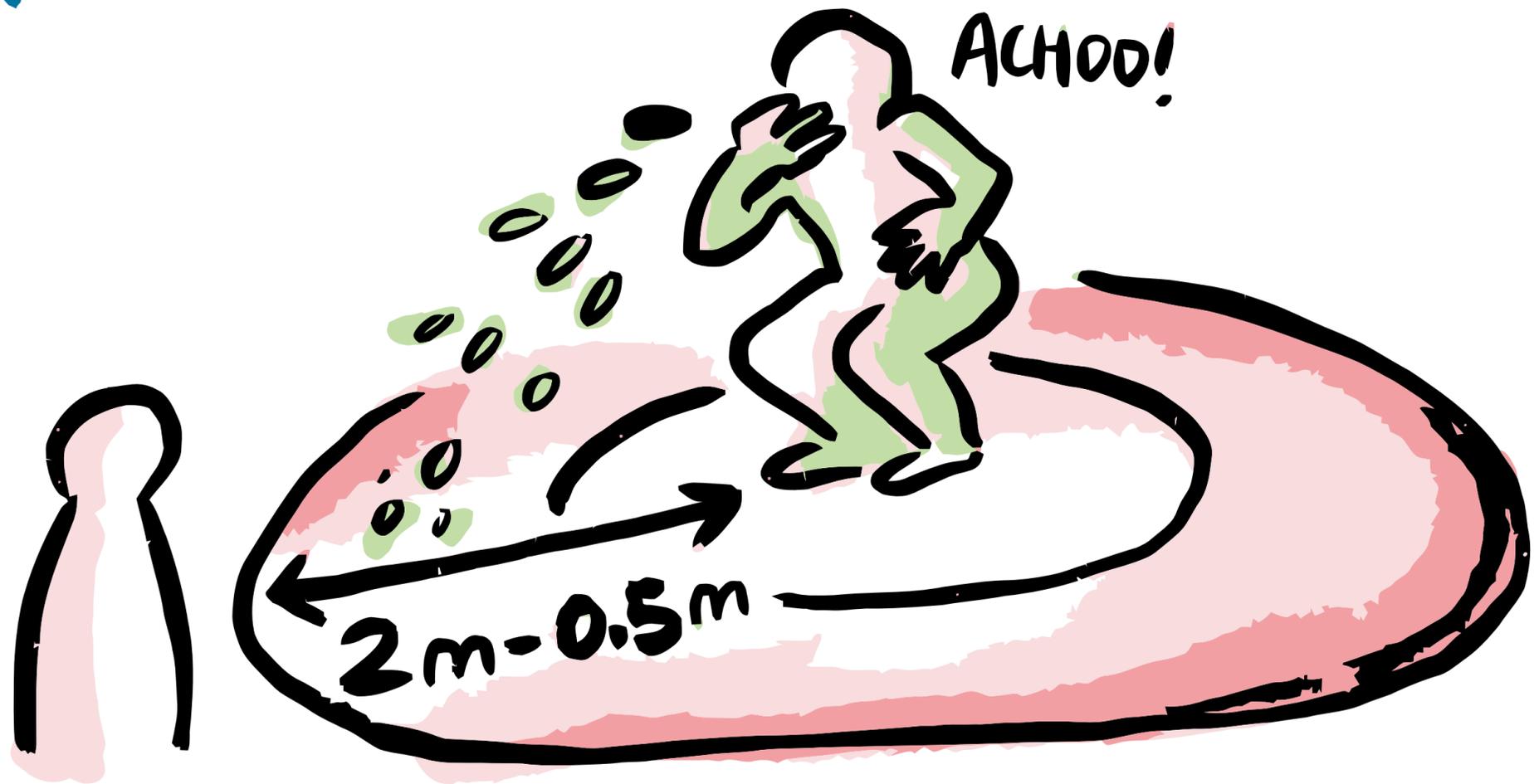
SPREADS



THE VIRUS SPREADS WHEN  
these droplets



SO IF YOU SEE SOMEONE WHO IS VISIBLY COUGHING/SNEEZING/SICK, YOU CAN CHOOSE TO:



- ① KEEP YOUR DISTANCE. 2m to 0.5m will keep you safe from large droplets.

OR,



- ② GIVE THEM A MASK.  
THEY CAN COUGH / SNEEZE INTO IT  
AND PROTECT EVERYONE ELSE NEARBY

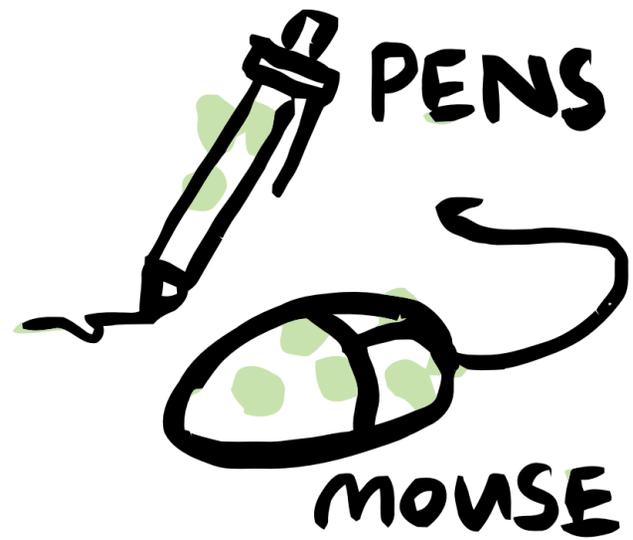
AND IN GENERAL, IT'S A GOOD  
IDEA TO AVOID CROWDS, BECAUSE  
YOU DON'T KNOW WHO MIGHT BE  
SICK.



People who are  
infected can show  
no symptoms,  
but are still  
**INFECTIOUS?**

← Maybe she's not sick,  
just protecting herself.

HOWEVER, SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



→ & EVEN ON THE  
OUTSIDE OF  
→ YOUR FACE MASK



← HEALTHY PERSON

AND IF YOU TOUCH ANY OF  
THESE THINGS BY ACCIDENT,  
AND THEN TOUCH YOUR FACE,



≡ RUB EYES ≡

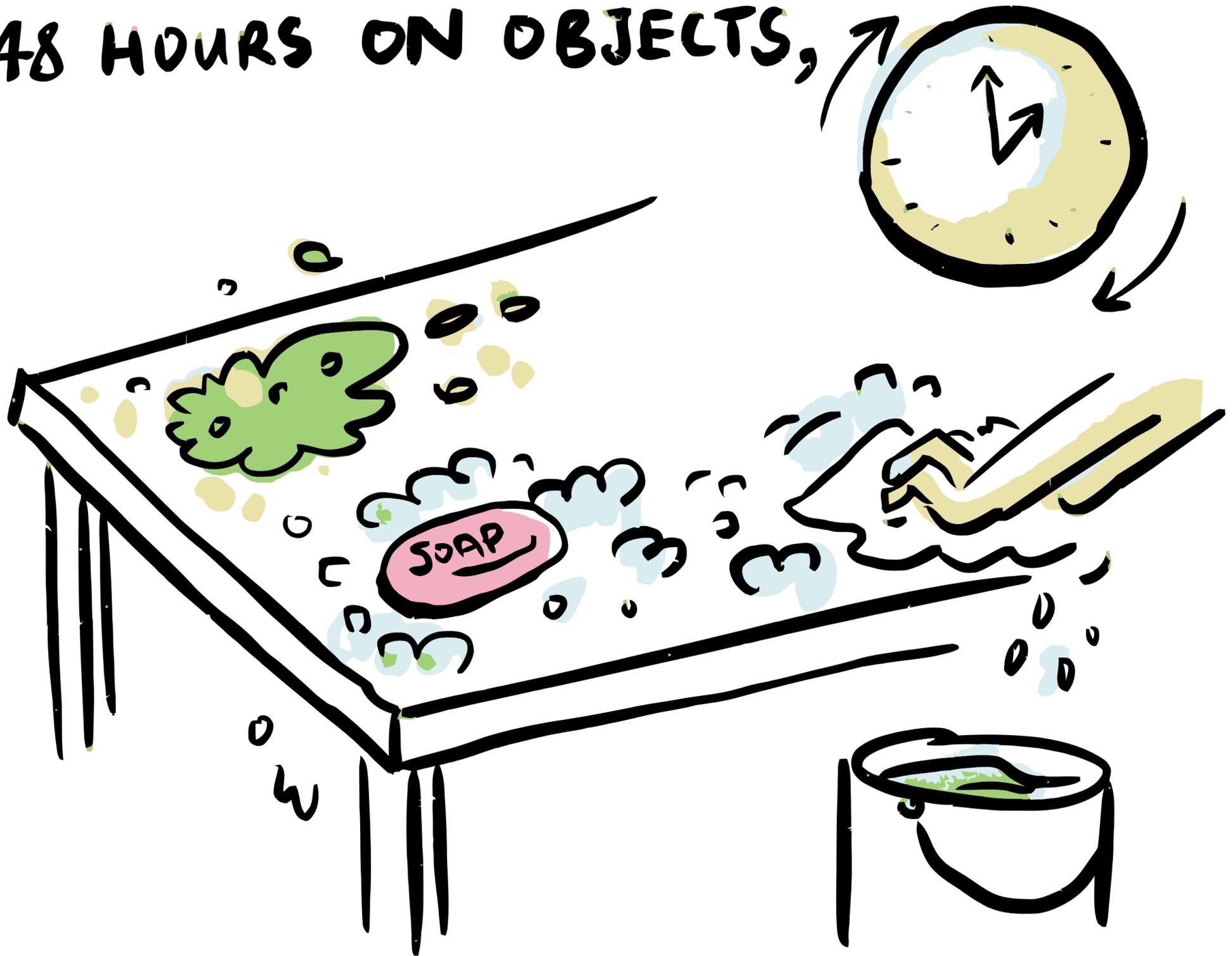


OR YOUR  
LOVED ONES  
FACE



YOU MIGHT ALL FALL SICK.

VIRUSES CAN LAST FOR UP TO  
48 HOURS ON OBJECTS,



AND THE ONLY EFFECTIVE WAY TO  
GET RID OF THEM IS TO WASH THEM  
OFF WITH SOAP.

WHICH IS WHY IT IS ALSO  
GOOD TO FOLLOW THESE



PRECAUTIONS

1

WASH YOUR HANDS THOROUGHLY WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AFTER TOUCHING A SUSPECTED CONTAMINATED SURFACE



# WHAT IS THOROUGHLY?

WASH THE  
BACK OF YOUR  
HANDS

BETWEEN  
THE FINGERS

UNDER  
THE NAILS



ENOUGH TIME TO  
SING "HAPPY BIRTHDAY"  
TWICE



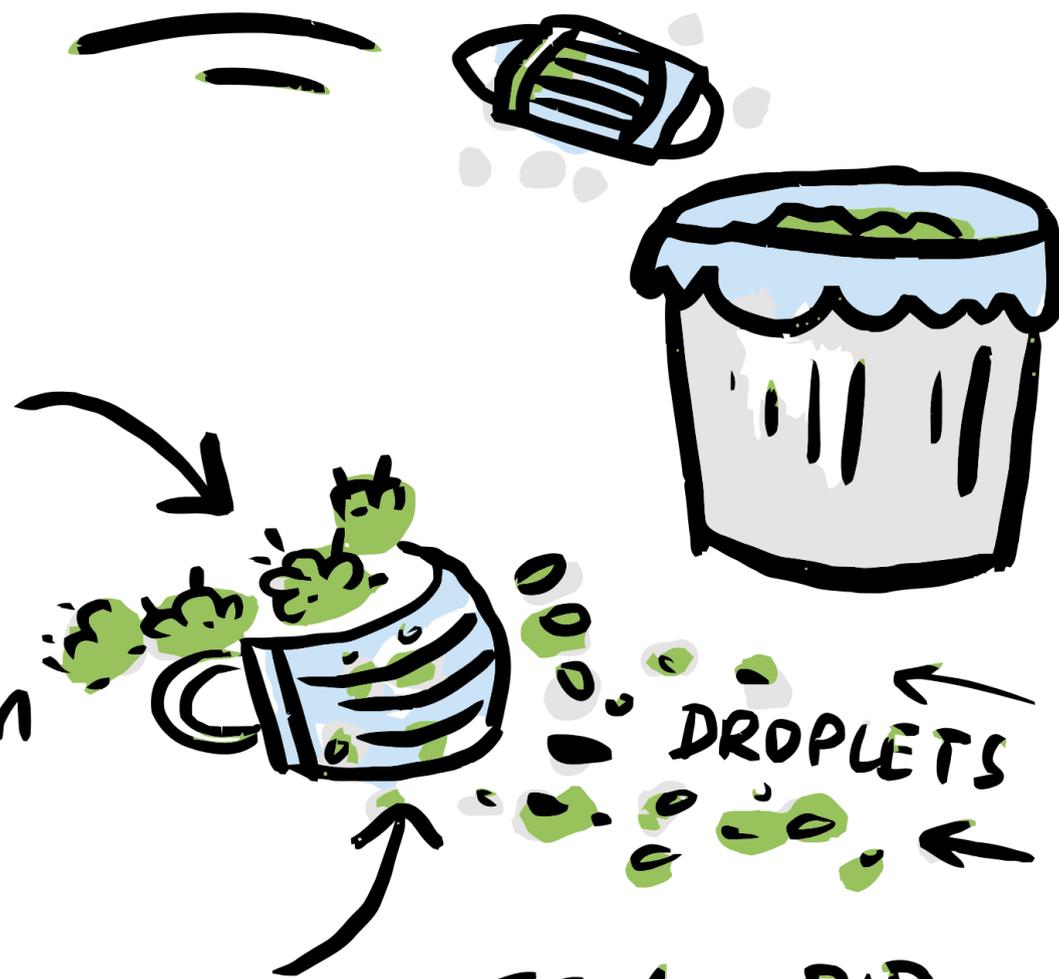
2

COVER YOUR COUGH WITH A DISPOSABLE TISSUE OR USE MASK AND DISCARD THEM IMMEDIATELY IN A WASTE BIN. DON'T WEAR THE MASK FOR MORE THAN A DAY.

\* BACTERIA GROWS ON THE INSIDES OF YOUR MASK IF YOU WEAR THEM TOO LONG

ALSO, DON'T TOUCH THE OUTSIDE OF THE MASK IF YOU CAN.

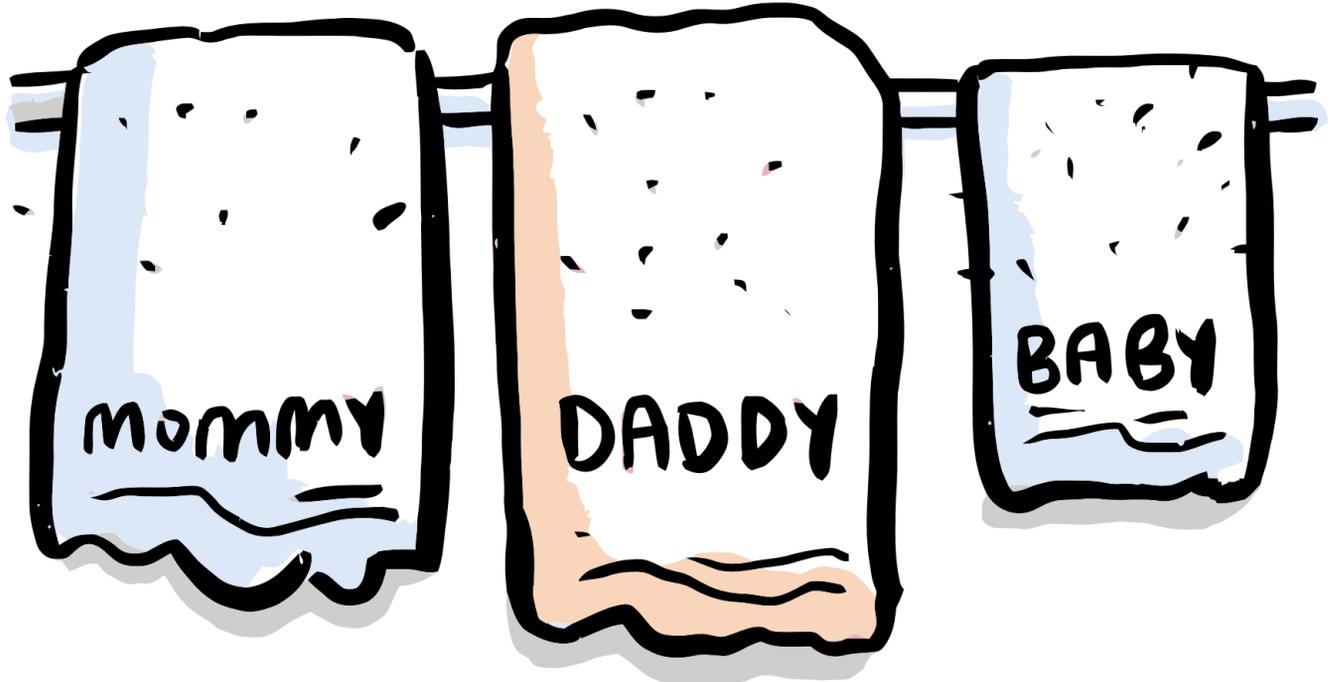
IF YOU DID, DON'T WORRY, JUST WASH YOUR HANDS WITH SOAP AFTER



3

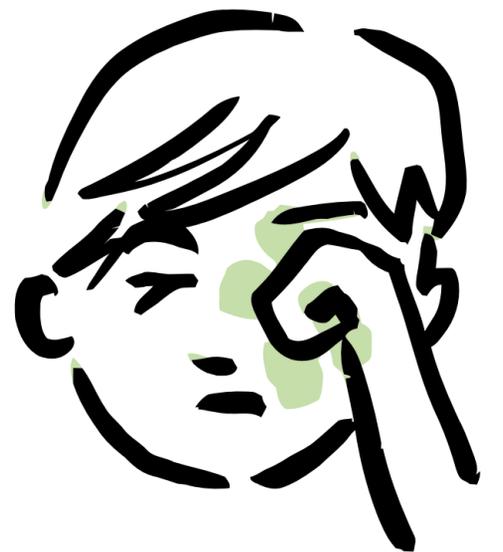
AVOID COMING INTO CONTACT WITH PEOPLE WHO ARE SICK OR SHARE THE PERSONAL ITEMS, FOOD, UTENSILS, CUPS & TOWLES

EVERYONE GETS THEIR OWN TOWEL



4

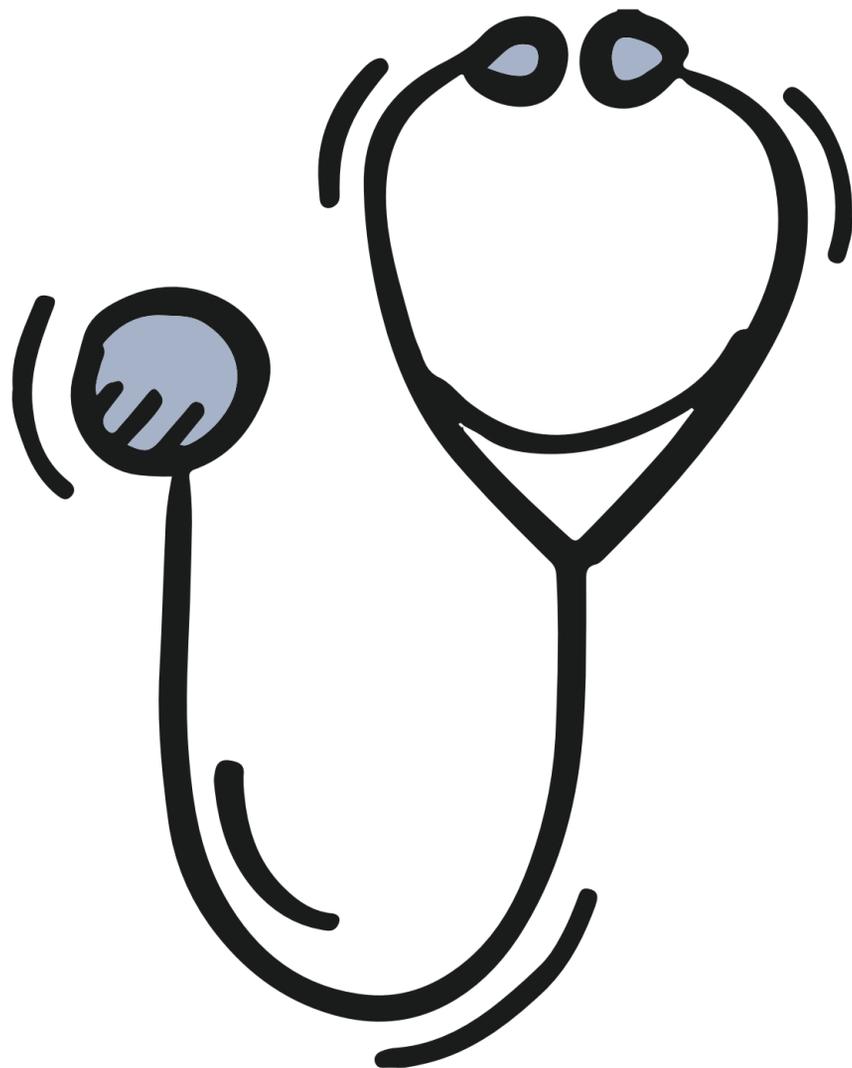
AVOID TOUCHING YOUR EYE, EARS AND NOSE



AND FINALLY,

5

SEEK MEDICAL ADVICE IF  
YOU ARE SICK



STAY SAFE,  
EVERYONE!



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**DRAWINGS CREDIT:**

 **weimankow**